

ABIGAIL REYNOLDS

☎ (289) 387-3261

✉ abbyreyn3156@gmail.com

📍 Pickering, ON

ABOUT ME

Research Analyst graduate with a B.A. in Sociology. Experienced in SPSS, Excel, Power BI, research design, and report writing. Looking to apply my research skills to support social impact, with strong communication and the ability to thrive in fast-paced environments.

KEY SKILLS

- Qualitative and quantitative research (SPSS, Excel, Power BI, etc.)
 - Report writing & data visualization (Microsoft 365, Google Workspace, Canva)
 - Time management
 - Professional communication & collaboration
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WORK EXPERIENCE

MENTAL HEALTH RESEARCH CANADA/RESEARCH ANALYST INTERN

September 2025–November 2025

- Completed fall internship with Mental Health Research Canada (MHRC) through the Humber Research Analyst Program
- Conducted literature searches and created annotated bibliographies
- Built a Knowledge Mobilization Outreach list and Excel dashboard
- Analyzed Polls 19 through 25 of MHRC's National Polling Report Initiative and created accompanying Power BI dashboards
- Designed two infographics in Canva using the analyzed data from MHRC's Polling Reports.
- Work Sample: *Who's Using AI for Mental Health Support in Canada?*

THE PICKLE BARREL/SERVER

July 2021-Present

- Manage high-volume tasks with accuracy
- Communicate effectively with diverse guests
- Solve problems quickly in fast-paced settings

NIKI'S SCHOOL OF MUSIC/ADMINISTRATIVE ASSISTANT

June 2019-March 2021

FARRAY SALES/OFFICE ASSISTANT (PART-TIME)

February 2019-January 2020

SOBEYS/CASHIER

September 2017-August 2018

EDUCATION

Research Analyst Certificate Program

Humber Polytechnic

Jan 2025 - Dec 2025

Bachelor of Arts in Sociology

Toronto Metropolitan University

2018-2023