



Our Stories, Our Community

Mural Art Series to Support Newcomer Youth Wellbeing

Theme: Families and Belonging



Join us for a hands-on mural art workshops that combines creativity with personal growth. Through guided activities, you will learn how to reduce stress, anxiety and build confidence while contributing to a meaningful collective artwork.

YOU WILL LEARN

- Participants will learn practical artistic skills
- Design, painting, and collaboration
- Explore how art can support mental health and emotional expression

WHO IS ELIGIBLE

- Youth ages 13-24
- Permanent resident
- Convention refugee
- This program is also open to newcomer youth with disabilities

WHEN

October 18th, October 25th, and
November 1st
12:00PM - 4:00 PM

WHERE

Unit 135
3227 Eglinton Avenue E,
Scarborough
M1J 3M5

**To Register,
Email or Call**

Anosha Achekzai
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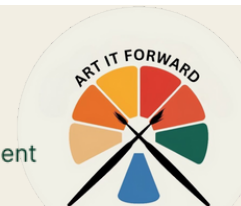


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